

# Grocery list

M

1 1/2 pounds hamb. milk  
1 med. onion salt, pepper,  
1 can cheddar cheese soup oregano  
15 oz. tomatoe sauce parmeson cheese  
4 cups sliced potatoes mozzarella cheese

T

olive oil, 1 red onion, 5 garlic cloves, cannellini (or white) beans, 1 (12 oz) jar roasted red bell peppers, 4 cups baby arugula, balsamic glaze, sun-dried tomato pesto (2 Tb), fresh basil & oregano, 4 chicken breasts

W

red onion garlic hummus  
1 red bell pepper salt  
1 eggplant 4 flour tortillas  
olive oil 1/2 cup feta cheese

Th

1 can cream of chicken soup  
1 cup salsa 1 cup shredded  
12 small corn tortillas cheddar cheese  
3 cups cooked cubed chicken 1/2 cup milk

F

1/2 pound bacon, olive oil, 3 pounds cooked chicken, 2 large onions, 4 medium carrots, 5 cloves garlic, paprika, cumin, oregano, 2 bay leaves, flour, 2 cups chicken stock, 1 28-ounce can crushed tomatoes, 24 potato perogies, 1/2 cup sour cream